

Opening hours: Monday-Thursday 9am-5pm, Friday 9am-4.30pm

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PROJECT INFORMATION

Compass BUZZ is an innovative project which works with the whole school workforce and other key partners in schools across North Yorkshire to increase the skills, confidence and competence of staff dealing with emotional and mental health concerns.

Aim:

The aim of the project is to develop a '**whole school approach**' with the priority placed on **improving the resilience and emotional wellbeing** of children and young people. As a result of the project's wraparound support, school staff will feel empowered to tackle stigma and effectively respond to children and young people's emotional and mental health needs. This will prevent problems escalating through to specialist services and enable them to be happy and healthy young people with brighter futures.

Training

Highly skilled and committed Wellbeing Workers will deliver a **free rolling programme of tiered training** to local schools and other key professionals, promoting a range of early help and prevention strategies as part of a wider integrated multi-agency approach.

Training will be delivered at host venues across districts.

One-To-One and Group Work Interventions

Wellbeing workers will **co-deliver one-to-one** and **group work interventions** to children and young people using a mix of evidenced based interventions. Wellbeing workers will work alongside school staff to ensure a solution focused approach to develop 'here and now' practical skills and tools; tailoring interventions to the age/developmental needs/emotional health literacy of children and young people.

For more information, please contact Compass BUZZ:

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